

Members of the Word

FREE PRINTABLE

Prayer Journal *printable*

Daily prayer pages using ACTS, a prayer list for the people you carry, an answered prayer log and 31 prompts for the days words are hard to find.

Print as many as you need

US Letter, fits A4

Free to share

HOW TO USE THIS JOURNAL

Pray, write it down, look back

Writing a prayer slows your thoughts enough to say what you mean, and a dated record lets you see later how God answered, including the answers you did not expect.

ACTS

- **Adoration.** Praise God for who he is.
- **Confession.** Be honest about where you have fallen short.
- **Thanksgiving.** Name specific gifts.
- **Supplication.** Ask for what you and others need.

PRAY

- **Praise.** Start with who God is.
- **Repent.** Turn from what is wrong.
- **Ask.** For yourself and others.
- **Yield.** Hand the outcome to God.

What is inside

- A prayer list for family, friends, church and the world, page 3.
- Seven daily ACTS pages, pages 4 to 10. Print more whenever you need them.
- An answered prayer log, pages 11 and 12.
- 31 prompts, one for each day of the month, page 13.

There is no wrong way to use these pages. A single honest sentence is a prayer. Skip a day and pick up where you are.

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PRAYER LIST

People I am praying for

Month _____

FAMILY

FRIENDS

CHURCH AND SMALL GROUP

WORK AND NEIGHBORS

THOSE WHO ARE HURTING

THE WORLD

DAILY PRAYER · DAY 1

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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DAILY PRAYER · DAY 2

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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DAILY PRAYER · DAY 3

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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DAILY PRAYER · DAY 4

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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DAILY PRAYER · DAY 5

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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DAILY PRAYER · DAY 6

Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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Today I pray

Date _____

Verse for today _____

A · ADORATION

Praise God for who he is.

C · CONFESSION

What do I need to bring into the light?

T · THANKSGIVING

Three specific gifts from the last day.

S · SUPPLICATION

For me and for others. Name them.

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ANSWERED PRAYERS

How God answered

DATE ASKED	REQUEST	DATE	HOW IT WAS ANSWERED

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How God answered (continued)

DATE ASKED	REQUEST	DATE	HOW IT WAS ANSWERED

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31 prayer prompts

One for each day of the month. Start with the date.

1 What is weighing on me most today?

2 Who needs my prayer this week, and what do they need?

3 Where did I see God at work yesterday?

4 What am I afraid of right now?

5 What do I need to forgive?

6 Who do I need to ask for forgiveness?

7 What gift have I been taking for granted?

8 Where do I need wisdom for a decision?

9 What does a verse I read this week tell me about God?

10 What would I ask for if I believed God was listening?

11 Where do I feel far from God, and why?

12 What am I hoping for?

13 Who has carried me lately?

14 What habit do I want help to change?

15 What part of my body or health do I want to bring to God?

16 Which relationship needs peace?

17 What do I keep worrying about at night?

18 Who in my church is going through something hard?

19 What am I grateful for in my home?

20 What would I like God to change in me this month?

21 What do I want for the people I love most?

22 Where do I need courage?

23 What news is weighing on me?

24 What prayer has God already answered?

25 Where am I waiting, and how am I waiting?

26 What do I need to let go of?

27 Who is hard for me to love right now?

28 What has God taught me this year?

29 What do I want to say that I have not said?

30 What would rest look like this week?

31 What am I thankful for today?

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KEEP GOING ON YOUR PHONE

Keep a prayer list that remembers for you

The Bible Studies for Women app keeps your prayer requests, marks them answered and shows you how far God has brought you, next to guided studies and a private journal.

- Guided studies on peace, rest, courage, forgiveness, waiting and more, each with a shorter or deeper route.
- The full Bible in BSB, WEB and KJV, with highlights and notes that stay yours.
- A private journal, a prayer list with answered prayers, and a verse of the day.
- The Bible reads offline, and no account is needed to start.

App Store

Google Play

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